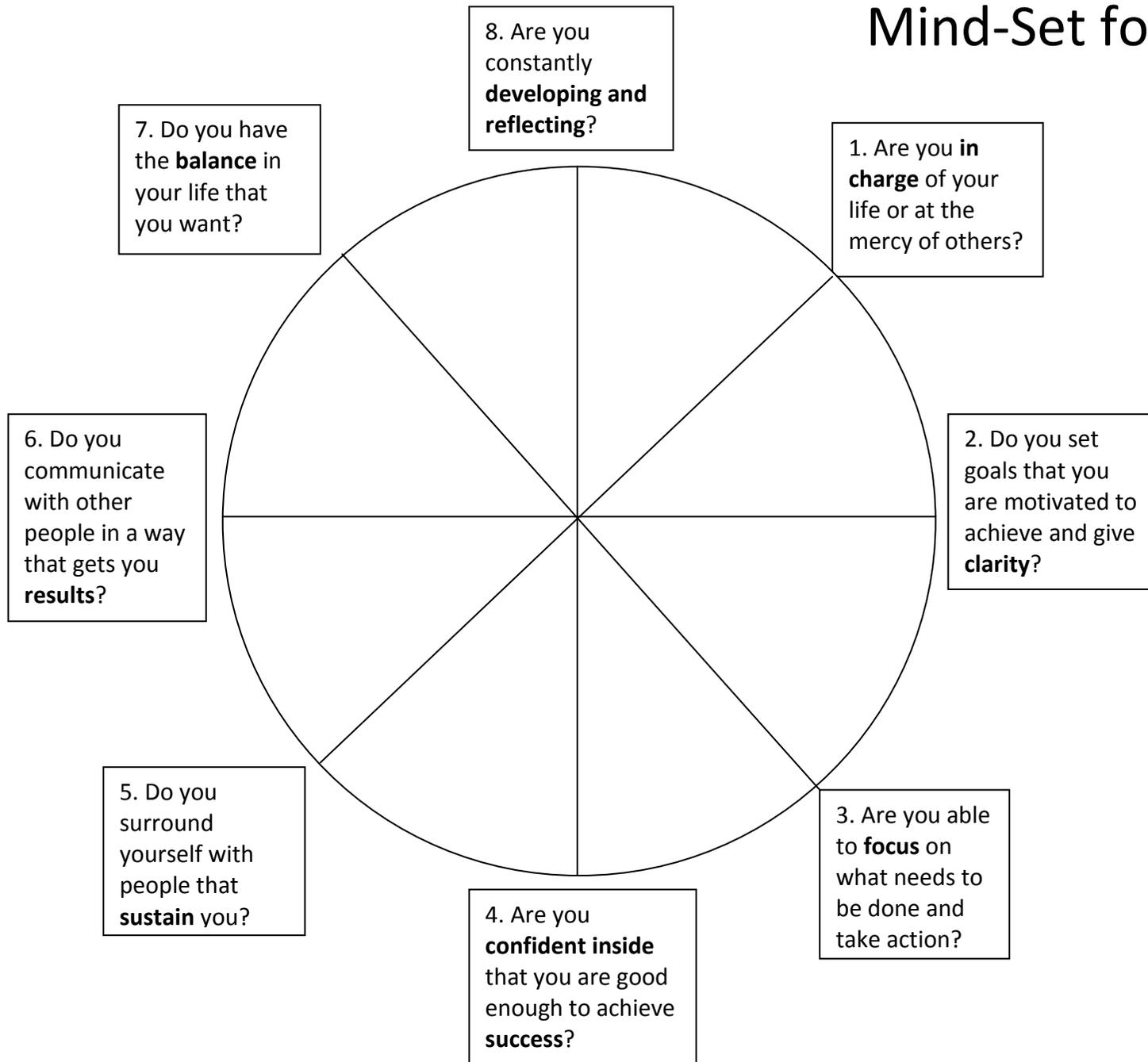


Mind-Set for Success Wheel



Read the statements relating to each area and put a cross on each spoke to reflect where you think you are at this point in time. 10 is on the outer circle where you are completely happy and 0 is the centre where you are totally unhappy

Then join the points up and reflect on how balanced your wheel is and the areas for action.

07973 635102 @DrBridgetcoach

Dr.Bridget@onelifelife coaching.co.uk

www.onelifelife coaching.co.uk

Helping You Decide How To Score Your Wheel of Success

Statement 1: Are you in charge of your life?

- Score 10 if you think that you are in complete charge of your life, your thoughts, your feelings, what happens in your business/career and your life. You have freedom and choice.
- Score 0 if you feel as though you are at the mercy of your family, your friends, your colleagues, your staff, the government, the bank and the weather for example. You have no freedom or choice.

Statement 2: Do you set goals that you are motivated to achieve and that give you clarity?

- Score 10 if you know exactly where you are going and are totally motivated by that, even if it takes different paths to get there
- Score 0 if you have no goals and constantly wonder why you are doing things

Statement 3: Are you able to focus on what needs to be done and take the action needed?

- Score 10 if you are able to completely focus on what needs to be done to get you that success and take appropriate action
- Score 0 if you randomly undertake tasks, get easily distracted and have a jumble of thoughts in your brain.

Statement 4: Are you confident inside that you are good enough to achieve success?

- Score 10 if you know internally that you can get what you want and are good enough to get the success in your business?
- Score 0 if you feel as though you aren't good enough to achieve success or if you are held back by events in the past that make you question your ability consistently.

Statement 5: Do you surround yourself with people that sustain you?

- Score 10 if you reflect on who sustains you and who drains you and take action to surround yourself with sustainers
- Score 0 if you have no one that sustains you and lots of people who drain you of energy and motivation

Statement 6: Do you communicate with other people in order to get the results that you want?

- Score 10 if you are able to adapt your communication in order to get the results that you need all the time.
- Score 0 if you feel as though you are not on the same wave length as people and they don't understand you and therefore you don't get the results that you want.

Statement 7: Do you have the balance in your life that YOU want?

- Score 10 if you are able to balance all of the areas of your life that are important to **you**
- Score 0 if you don't have the balance that **you** want

Statement 8: Are you constantly developing and reflecting?

- Score 10 if you constantly review your mindset, your journey towards success and seek opportunities to reflect and develop as needed.
- Score 0 if you don't undertake any reflection or development or take action following training.

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