



What sort of Mindset to do you have?

(Put a mark on the line between each of the 2 statements)

My Intelligence is difficult to change ----- My intelligence grows when I learn new things

I know best ----- I can learn from others

If I grow, I'll be less myself ----- If I grow I'll be more more myself

There's no need for me to change ----- I actively look for new opportunities

If I don't reach my goal, I reassure myself I did my best ----- If I don't reach my goal I look for other ways

I'm OK as I am ----- I plan to grow and act

What I think is right ----- I challenge my beliefs

I accept my destiny ----- I can do whatever I want

There's no point taking risks ----- Risks are how you grow

If I fail, it's because of others ----- Failure is an opportunity

I know I'm the best ----- I learn from others

Change is tough ----- Change is exciting